



**Town of Middleton
Massachusetts Board of Health
Minutes of the Meeting
Wednesday September 7, 2016**

The Middleton Board of Health held a Board Meeting on Wednesday, September 7, 2016 at the Flint Public Library Meeting Room, One South Main Street, Middleton, Massachusetts at 7:00 pm.

Board Members Present:

Robert Ambrefe, Chair

Matthew Greenfield

George Demeritt

Ray Cryan

Paul LeBlanc

Others Present:

Derek Fullerton, Public Health Director

The meeting was called to order at 7:00 pm. Chairman Ambrefe asked if there were any additions or changes to the Minutes of the July 6, 2016 meeting.

Mr. Cryan motioned to accept as written, Mr. Demeritt seconded the motion and the Minutes were unanimously accepted by the Board.

Request for Local Upgrade Approval for 184 Essex Street (Map 10 Lot 22) as follows: Town of Middleton Wastewater Disposal Regulations 339-12. (A) Domestic wastewater flows from single-family and multiple-family dwellings shall be determined at a rate of 150 gallons per bedroom per day to state flow of 110 gallons per bedroom per day – Mr. Fullerton addressed the Board and said Mark Gigliotti recently purchased the above named property which was listed on MLS as a 5 bedroom property. After purchasing the house, Mr. Gigliotti discovered that the septic system was designed for a three bedroom house when Mr. Fullerton reviewed the plans for him. The house is an eight room house, with four bedrooms upstairs and one bedroom in the basement. The septic system does fall under the State requirement of 550 gals per day but it does not adhere to local regulations. The Board members had a discussion and recommended that when the owner is ready to sell the property he should obtain a new Title V certificate, to validate the correct number of bedrooms under the design plan, and return to the Board to ask for the variance to be granted. In the interim, the request should be removed from the records "Without Prejudice". Mr. Gigliotti agreed with the Board's recommendation. Mr. Gigliotti requested that no action be taken without prejudice.

Adopt and incorporate by reference the 2013 Food Code published by the United States Department of Health and Human Services, Public Health Service, Food and Drug Administration (FDA), Washington D.C. 20204 and the Massachusetts State Sanitary Code, Minimum Sanitation Standards for Food Establishments, 105 CMR 590,000 – Mr. Fullerton addressed the Board and said that currently food inspections in Massachusetts are completed based off the 1999 Food Code. Governor Baker is currently working on a reform of all regulations in MA. The Middleton Board of Health are seeking to

enhance the protection of the public's health by improving food safety and in doing so, reducing foodborne illness, by rigorous implementation of a risk and intervention-based food safety program by adopting the FDA 2013 Food Code.

Mr. Demeritt motioned to adopt and incorporate by reference the 2013 Food Code as presented published by the United States Department of Health and Human Services, Public Health Service, Food and Drug Administration (FDA), Washington D.C. 20204 and the Massachusetts State Sanitary Code, Minimum Sanitation Standards for Food Establishments Mr. Greenfield seconded the motion and all were in favor.

Indoor Air Quality Assessment Update: 48 South Main Street, Town Office Building.

Mr. Fullerton updated the board on the complaints of a bad odor in the Middleton Town Office Building. At the request of the Middleton Health Department, an indoor air quality inspection was carried out by the Department of Public Health. In summary, the report findings indicated that Volatile Organic Compounds (VOC's) were not detectable and relative humidity, temperature, and carbon dioxide levels were all within acceptable limits. A report will follow with some recommendations. A third party industrial hygienist was also hired to do further tests and all results came back within acceptable limits. It was discovered the smell was originating from the plastic jambs between the storm windows and building windows that was creating an off gas odor that was resulting in a nuisance odor. The short term solution is to open the storm windows to let the air breathe until the long term solution to replace the jambs is completed. There is no imminent health hazard, just a nuisance odor. The Town Office Building during the course of the investigation purchased and installed air exchange units to bring fresh air into the rooms and pull out the nuisance odor. This has been an interim step; however, replacing of the jambs should eliminate the source.

Community Health Survey Update: Intern Summary Report – Keira Latham, an intern for the Health Department, assisted the Health Department in carrying out the Health Survey. She presented the findings to her class at Boston University as part of her internship requirement. She also designed a project poster which will be fine-tuned as more information is gathered. The survey is not complete, more data will continue to be collected and incorporated into the survey. To date, three hundred people have participated in the survey. The Board members commended Ms. Latham on a job very well done.

Public Health Chapter for the Middleton Master Plan – Mr. Fullerton said that a copy of the document for the Public Health Chapter for the Middleton Master Plan has been circulated amongst the Board members for them to review. For the first time there will be a public health chapter included which will tie Public Health into Town Planning. Public Health and Town Planning work very well together in the town of Middleton. Mr. Fullerton reminded the board that community planning actually originated from public health.

Other – Reminder: New Tobacco Regulations Effective on 10-1-2016 – Mr. Fullerton said that the new tobacco regulations that were adopted will go into effect on October 1st, 2016. A reminder letter will be sent out to all establishments effected by the new regulations.

Cumberland Farm Trash Problem - Chairperson Ambrefe said that the trash bins in Cumberland Farms are too full. Mr. Fullerton will visit them and ask them to empty trash more frequently.

Next Board of Health Meeting - The next Board of Health meeting will be held on November 2, 2016,

Mr. Le Blanc made a motion for adjournment. Mr. Cryan seconded the motion and all were in favor. The meeting was adjourned at 8:17pm.

