



Beverly Hospital
A member of Lahey Health

FORUM SPONSOR

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YOU'RE INVITED

COMMUNITY FORUM

BREAKFAST

Thursday, May 21st, 2015
Angelica's Restaurant,
49 South Main St., Middleton, MA

RSVP REQUIRED @ healthdirector@townofmiddleton.org
(Space is limited, rsvp as soon as possible)

LAHEY HEALTH & THE MIDDLETON HEALTH DEPARTMENT PRESENT:

Healthy Community Design: Economic, Environmental, and Public Health

We all agree that our community will benefit from efforts to maintain an economically vibrant business district, lower healthcare costs, protect the natural environment, and reduce traffic congestion, especially around the schools. And we want to preserve the town's character. Plus, we want our children to grow up active and healthy, and our older residents to be able to age safely in their homes. Can we do all of this while maintaining healthy economic growth and a thriving downtown? Join us at a community leadership discussion with nationally renowned speaker Mark Fenton, who'll make the case that all of this and more is attainable utilizing the best principles of sustainable transportation and land use. Fenton is an expert in pedestrian, bicycle, and transit-oriented design, and will share the proven approaches being used across the Commonwealth and throughout the country. More important, Mark will offer specific recommendations for right here that will lead to the triple bottom line: economic, environmental, and public health.

Thursday, May 21nd, 2015

- 8:00** *Full Buffet Breakfast & Welcome*
Moderator Derek Fullerton,
Middleton Public Health Director;
Opening Welcome: Ira Singer,
Middleton Town Administrator
- 8:40** **KEYNOTE:** *Creating an Active Living Community*
Mark Fenton, MS, BS
Healthy Community Design
- 9:40** *Q&A & Morning Session Ends:*
Optional Planning Activities Listed Below
- 10:00** *Community Walk Audit: Middleton Square*
Wear comfortable walking shoes/sneakers
- 11:00** *Roundtable Discussion: Flint Library*
In The Beverly Hospital Public Meeting Room
- 12:00** *Forum Ends*
Sandwich lunch for those who participated
in walk audit and group discussions
- RSVP REQUIRED @ healthdirector@townofmiddleton.org**
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