

**COUNCIL ON AGING**  
**July 27, 2016 at 9:15 am**  
**Middleton Senior Center**

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**Members Present:** Dr. Joan Shea-Desmond, Barbara Tilton, Barbara Sanborn, Martha Fucarile, Leah Magnifico, Frank Leary, Alice Tierney, Kay Martinuk

**Others Present:** Susan Gannon, Executive Director  
Leanna Harris, Recording Secretary

**Absent:** William Walczak, Carol Carr

Ms. Tilton called the meeting to order at **9:17 am**.

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**Minutes**

Ms. Tierney stated “Nunans” flower shop was spelled incorrectly.

**MOTION:** Mr. Leary moved to approve the Minutes from the June 29, 2016 meeting.  
Second by Ms. Tierney. All in favor.  
Motion carried.

**Director’s Report**

Ms. Gannon stated it is not official yet, but she received an email from a coordinator at NSES regarding the Title IIIB grant and they have been awarded \$15,000 for two years. It is more than expected and it will help tremendously with transportation and outreach.

Ms. Gannon stated the preliminary information regarding The Formula Grant has been sent out so she can start the application but she yet to receive the particulars. She is hoping to get \$15,000 or more. The grant is based on the 2010 census and Middleton has grown much more than the average cost of living. They probably won’t hear anything until November but the grants will be retroactive to July 1<sup>st</sup>.

The Title IIIC grant (nutrition) from NSES is over \$9,000 and they are starting the second year with that.

Ms. Gannon stated in September they really need to formulate a plan to let Town Hall know that they need more municipal funding. They need to show the Town evidence based information demonstrating their need. As far as closing out FY16, they had cents leftover and anything under \$25 zeroes out the budget. This will help demonstrate their need to the Town.

Ms. Gannon stated she hasn’t found any other grants that they can apply for and they really need to find something for next year. They have exhausted funding from New England BioLabs. Ms. Gannon suggested finding a joint grant to apply with the Food Pantry and Outreach for the COA.

The organic garden is doing very well. It has already yielded a bag of peppers which was given to the food Pantry. Ms. Tilton said there are a lot of cucumbers out there.

Ms. Gannon stated each week they distribute about 200 pieces of fruit between putting it out at the Senior Center and also in home deliveries. Mr. Leary is going to look into how Danvers provides this. Ms. Gannon will put the \$500 from the Title IIIB grant to continue to provide fresh produce and keep the garden going.

### **Chairperson's Report**

Dr. Shea-Desmond stated she is really impressed with the quality of trips and activities they are having now. They went to Beaufort and it was outstanding. Dr. Shea-Desmond commended the research Ann is putting into the planning as far as how much walking is involved and the best places to eat. Ms. Gannon stated she will look at the budget before committing to using the larger van for out of town trips as long as they have at least 12 people to justify the larger van. Dr. Shea-Desmond stated the larger van is very comfortable and air conditioned. Ms. Gannon stated out of non Middleton residents pay \$10, Middleton residents pay \$5.

### **Committee Reports**

- **Trips:** Ms. Fucarile stated on July 13<sup>th</sup> they went to Saugus Ironworks but there were only 3 in attendance. It was a very hot day. They went to the McCann house in Gloucester and everyone enjoyed that and then they went to the Gloucester House for lunch.
- **Activities:** Ms. Fucarile stated BINGO is doing well. The Lunch Bunch went to Finns. Knitting and quilting are on hold until September. Ms. Tilton stated that 16 people went to the lunch but there were three people who drove themselves and took a table of their own so a reserved table was not utilized. Ms. Gannon stated it's unfair to the servers and the restaurant and so they going forward they aren't going to count those individuals towards the headcount for the reservation. Ms. Tilton suggested reducing the Lunch Bunch to just once a month. Ms. Gannon stated she that it is some people's only social activities and so she is reluctant to do that. Ms. Gannon stated they need to give restaurants notice a week in advance if they are going to ask for a discount. Ms. Gannon is going to check with Town Hall to see if they can send a tax exempt form along with the Lunch Bunch but it won't apply to individual bills.
- **Newsletter:** Ms. Gannon is finding that at the State and Federal levels they aren't providing information six weeks in advance and so information is not getting into the Newsletter. In June there was an extra Newsletter because so many important things came in after it went out. Ms. Gannon is considering bringing in an extra person, through the voucher program, after the Newsletter goes out because they are getting so many calls registering for things. August 8<sup>th</sup> the Newsletter goes to the publisher.
- **MCOA Friends:** Ms. Tierney stated the Friends are helping to subsidize the lobster roll lunch tomorrow and they are also providing the ice cream for the ice cream social at the end of August.

- **NSES:** Dr. Shea-Desmond stated they are still doing very well. The Beer and Wine Festival was this past Saturday. NSES are sponsoring a lot of concerts in Peabody and in Salem this year. Ms. Gannon is going to get a list from Recreations and put the concerts in the Newsletter.
- **TRIAD:** Ms. Martinuk stated she doesn't have any new information. When she calls they just aren't responding. Dr. Shea-Desmond suggested waiting to contact them until after a new sheriff gets in.
- **Food Pantry:** Mr. Leary stated he thinks they are heading for rough waters. There are about 6 or 7 individuals coming to the Food Pantry during the evening hours. The food pantry was started during the recession and it was mostly families now elderly residents are regularly taking advantage of the food pantry as well as long time native Middleton residents.

### New Business

Ms. Gannon stated anything they do needs to be **run** by Town Counsel so if for some reason they wanted to change to an evening meeting, it can be done it just needs to be brought to Town Counsel and written into the bylaws.

### Adjournment

The next meeting will be September 28, 2016.

**MOTION:** Ms. Tilton moved to adjourn the meeting at **10:23 am.**  
Second by Mr. Leary  
All in favor.

Respectfully submitted,

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Leanna Harris, Recording Secretary